

Overview

As an individual you have a responsibility to keep yourself safe. This includes planning your expedition (route, weather, land access), ensuring you have the fitness and skills required and communicating with other group members. As a club we provide a range of trips to allow you to up skill and get to a level of competency required for different trip levels (consider coming along to fresher's or bush craft for an informal learning experience). Trip leaders are not guides, instead they pitch an idea of where they would like to go. Leaders normally ensure group tasks such as submitting intentions and turning away people who are not fit/experienced/have inappropriate gear. However ultimately everyone is responsible for insuring a safe trip, it is important to raise concerns early.

To help clarify the risks there is a general *CUTC Risk Register* outlining common hazards in the back country that you may come across on day to day trips. Most trips will implement the controls specified to ensure a safe expedition. To ensure that all controls are implemented fully a set of *Codes of practice* should be followed by group members.

Code of practice

Leader

- Form a clear plan of the route, escape routes and alternative options.
- Advertises trip and all that is required for it
- Makes sure have map and navigational equipment that will/could be required
- Evaluates the competence of participants where practicable
 - Makes sure participants know what gear to bring (that is not already subject to common sense)
 - Can do a gear check if they feel is needed
 - Have required experience/skill level for trip intended
 - Evaluation will mainly be through discussion with participants
 - Have required fitness for trip
- Responsible for submitting a base form (recommended using website to include emergency contact details) and a RAMs form/other safety details if motioned by committee
- Ensures leader to participant ratio is acceptable

Driver

- Are driving a car with drivers licence
 - Drives within the conditions of their licence
- Makes sure vehicle is suitable
 - Registered and current wof if appropriate
 - For terrain
 - Has enough fuel

Participant

- Are responsible for their own safety. Take a look at the general risk register (refer to risk register) and considers anything extra that is trip specific and ensures they:
 - Understand the risks.
 - Understand the consequences.
 - Ensures themselves and the people around them (including the leader) implement the controls the risk register

- Understand the difficulty level of the trip, and ensures they have both the fitness and skills required
 - Discuss with other group members and trip leader any concerns, questions
 - Are aware of intended route/s and potential options for alternative routes
- Brings appropriate gear for trip
- Ensures their personal details are up to date of the website
 - Ensure trip leader is aware of any allergies. The participant should put/ensure that there are any controls in place that could be required
- Responsible for sticking with the group
- Responsible for own food or food arrangements
- Pays for fuel or any other expenses involved in trip (such as hut fees)
- Are aware of club refund policy (as specified on webpage), and club gear locker policy if hiring gear